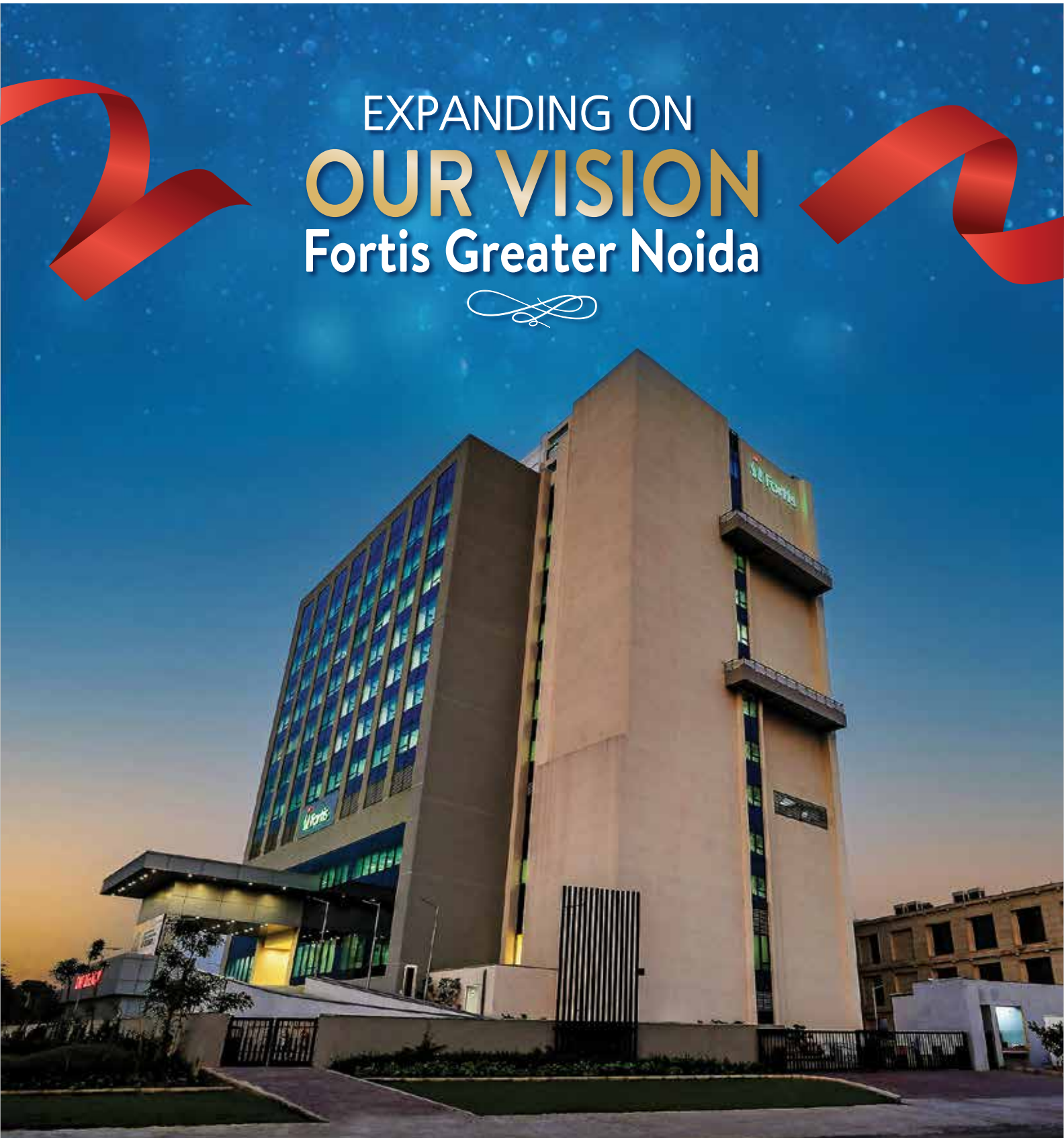

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

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EXPANDING ON
OUR VISION
Fortis Greater Noida



Message from MD & CEO

Dear Colleagues,

I would like to begin by extending season's greetings and best wishes to you and all your family members. Festivities are a wonderful opportunity to recharge, rejuvenate and re-connect with family and friends. While the festivities continue, it is also important to keep an eye on our health and ensure everyone's safety.

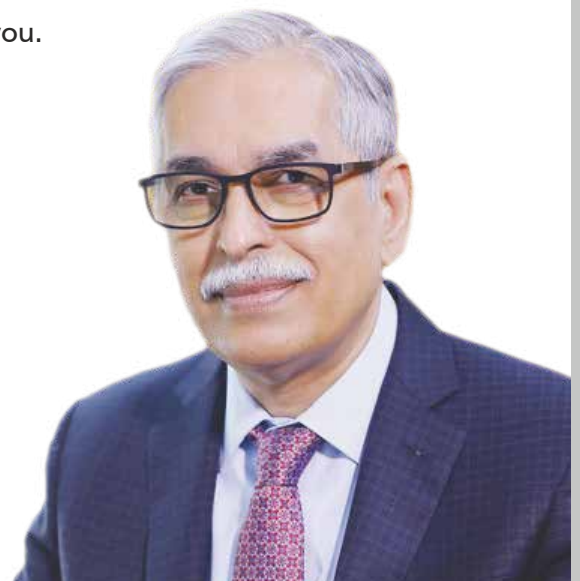
Talking of health, as winter sets in and pollution rises, we should expect a spike in respiratory diseases and other seasonal illnesses. I am sure that our hospitals are all set to take up the challenges and ensure that we have adequate arrangements for patients.

As you are aware, we have recently inaugurated a new hospital in Greater Noida. The new multi-speciality hospital will cater to the growing population of this Delhi NCR city, which is emerging as an IT and manufacturing hub.

Dear colleagues, I would also like to remind you that six months of the fiscal year have already elapsed. It is a good time to take stock of where we stand vis-à-vis our goals and where we want to be by the year-end so that we have enough time for any course corrections. We have also launched the Employee Engagement Survey to gauge how satisfied our employees are. We are aiming for 100% participation this year and I urge each one of you to take the short survey and share your thoughts.

Thank you for all that you do and
I look forward to staying connected with all of you.

Regards,
Dr A. Raghuvanshi
MD & CEO



New Beginnings & Launches

Fortis launches state-of-the-art 200 bedded multi-speciality hospital in Greater Noida



In keeping with its vision of becoming the world's most trusted healthcare network, Fortis Healthcare launched its state-of-the-art hospital in Greater Noida on October 3, 2022. The launch was attended by several dignitaries, including Dr Rahul Agarwal, Managing Director, Ram Ratan Real Estate Pvt Ltd and Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, among other senior leaders. About 300 people were present at the launch event.

The new hospital is equipped with 200 beds and has over 50 expert clinicians across multiple specialities. The hospital has best-in-class infrastructure which includes modular OTs, advanced ICUs with a dedicated Neonatal Intensive Care Unit (NICU) and Coronary Care Unit (CCU). It also has a state-of-the-art equipment and cutting-edge technology for advanced surgical interventions. Other features include advanced imaging services (MRI, CT), high-precision radiation oncology, the most updated nuclear medicine unit, and latest cardiac and interventional cath labs for clinical services. The facility is expected to receive large number of international patients as a major airport is coming up in the vicinity, at Jevar.

Fortis Escorts, Jaipur, launches Lung Transplant Clinic and Pulmonary Medicine Unit



Media Brief



Inauguration of Pulmonary Medicine Unit



Launch of Lung Transplant Clinic



Brief by Dr. Anikt Bansal

Fortis Escorts Hospital, Jaipur, launched a state-of-the-art Lung Transplant Clinic and Pulmonary Medicine Unit to cater to serious patients requiring lung transplant, on July 27, 2022. The clinic was inaugurated in the presence of senior clinicians, Dr Govini Balasubramani, Head – CTVS, Heart & Lung Transplant, Fortis Hospital, Vadapalani, Chennai and Dr Sindhura Koganti, Consultant – Pulmonology and Lung Transplant Physician,

Fortis Hospital, Vadapalani, Chennai; Dr Ankit Bansal, Senior Consultant - Pulmonology & Critical Care, Fortis Escorts Hospital, Jaipur, Mr Neerav Bansal, Head – SBU, Jaipur and Dr Mala Airun, Director - Medical Operations. Dr Govini Balasubramani, a pioneer in live lung transplant in India, and Dr Sindhura Koganti will be visiting Fortis Escorts, Jaipur, once a month to consult and screen patients who need lung transplant. The Lung Transplant Clinic is backed by the latest technology with dedicated bronchoscopy unit for accurate diagnosis and treatment. The Pulmonary unit is a day care unit, providing comprehensive facilities such as allergy testing, treatment of severe asthma cases with immunotherapy and biologics, ultrasound guided procedures such as lung biopsy, lung effusion and aspiration.

Department of Urology at Fortis BG Road, Bengaluru, granted Fellowship of National Board (FNB) in Minimal Access Urology Programme



Dr Sreeharsha Harinatha



Dr Basavaraj Neelagar



Dr Karthik Rao



Dr Santoshkumar Subudhi



Dr Ramesh H

The Department of Urology at Fortis Hospital, Bannerghatta Road, Bengaluru, has been granted the Fellowship of National Board (FNB) in Minimal Access Urology Programme by the National Board of Examinations in Medical Sciences (NBEMS). With this accreditation, Fortis has become one of the very few institutions in the country to be granted FNB in Minimal Access Urology, in the inaugural year.

Minimal Access Urology (FNB) course is amongst the new courses introduced by the National Board of Examinations in Medical Sciences (NBEMS) in April 2022. The course is part of the 14 new Diplomate of National Board (DNB)/Fellowship of National Board (FNB) courses launched by (NBEMS).

Radial Angiogram Pre and Post Care Lounge inaugurated at Fortis Anandapur, Kolkata

A Radial Angiogram Pre and Post Care Lounge was inaugurated at Fortis Hospital, Anandapur, Kolkata, on August 3, 2022, by Ms Richa Debgupta, Chief of Strategy, Group Head - ESG and Business Head – Chennai, Jaipur and Kolkata, and Dr Shuvan Ray, Director – Interventional Cardiology. Senior Cardiologists, including Dr Priyam Mukherjee, Dr Prithwiraj Bhattacharjee and Dr Pallab Kumar Bose graced the occasion. The Cathlab team was also present. This lounge will help free up the beds in the Cathlab for patients who undergo femoral angioplasty. The lounge has been designed thoughtfully to allow the patients to relax and recuperate.



Ms Richa Debgupta and Dr Shuvan Ray inaugurating the lounge

Ms Richa Debgupta along with the senior clinicians and the team



The lounge



Ms Richa Debgupta and Dr Shuvan Ray

SRL Lab at Fortis Hospital, Anandapur, Kolkata, successfully completes NABL Re-accreditation Audit



The SRL Lab Team



The certificate

The SRL Lab at Fortis Hospital, Anandapur, Kolkata, has successfully completed the NABL Re-accreditation Audit held in January 2022, in hybrid mode. The Lab's NABL journey began

in 2013 and this was the fourth re-accreditation audit with many new test parameters added to the scope of lab services, which now includes Molecular testing and Immunohistochemistry in addition to the previously existing Clinical Chemistry, Haematology, Clinical Pathology, Microbiology, Cytopathology and Histopathology services. The Lab also fared extremely well in the NABH audit, held in May 2022, and was termed as 'the hospital's strength'. All of this testifies to the Lab Team's commitment to quality and timely patient service.

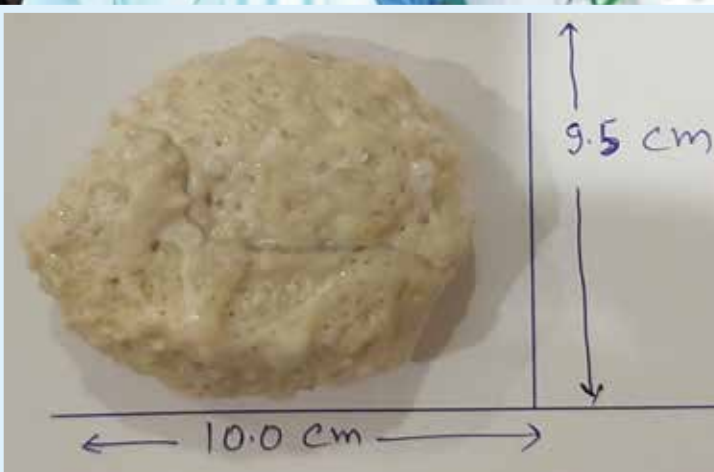
Fortis Hospital, Mulund, organises scientific session as part of the launch of 'Fortis Institute of Blood Disorders'



As part of the launch of the Fortis Institute of Blood Disorders, Fortis Hospital, Mulund, organised a scientific session on August 21, 2022, to discuss the 'Recent Advances in Haematology'. Over 100 clinicians, including senior doctors from Fortis, attended the event. Dr S Narayani, Business Head – Maharashtra and Dr Subhaprakash Sanyal, Director – Fortis Institute of Blood Disorders introduced the Institute and shared their future vision. Chief guests, Dr M. B. Agarwal, a renowned Haematologist & Haemato-oncologist from Mumbai and Ms V. G. Venkatesh, Regional Head – South Asia, The Max Foundation (an international non-governmental organisation) shared insights about the latest advances in haematology. On this occasion, the facade of Fortis Mulund was illuminated with red light as a symbolic representation of Haematology. The entire event was very well managed by Sales & Marketing Team of Fortis Mulund, led by Ms Rinku Mavani, Business Partner – Sales, Mumbai.

Clinical Excellence

World's largest floating loose body removed from knee joint of 77-year-old, at Fortis Escorts, Okhla, New Delhi



In a rare feat, doctors at Fortis Escorts, Okhla, New Delhi, removed the world's largest floating loose body from knee joint of a 77-year-old patient on July 26, 2022. The team of doctors led by Dr Kaushal Kant Mishra, Director - Orthopaedics & Joint Replacement, Fortis Escorts, Okhla, New Delhi performed the surgery—a one-of-its-kind case.

The patient, himself a doctor from Varanasi, Uttar Pradesh, had difficulty in walking and had extreme pain in the knee for the last 15 years, which had increased over the last five years. After the evaluation of the patient, the doctors concluded that he had Osteoarthritis of the knee and was suffering from a loose body floating in the knee joint for the last 35-40 years. Dr Mishra then suggested a total knee replacement and removing the floating loose body from the knee. Loose bodies of the size of up to 2 cm is fairly common among the elderly. The largest known loose body size as per medical literature PubMed is approx. 5x2x1 cm but in this case, it was several times larger than the size of the knee cap, measuring 10x9.5x3 cm, making it the world's largest floating loose body from the knee joint. The size of the extracted loose body was almost 60 to 70% of the knee, weighing 400 gm approx. The cartilage of the loose body can further be used for cartilage transplant and bone grafts too.

Dr Mishra took out the loose body in less than five minutes and total procedure of the knee replacement was done in 50 minutes. After performing the procedure, the patient started walking within two hours. "If the loose body is small and not treated on time, it may lead to the damage of knees. But this being the largest loose body, the patient was already unable to walk which has already led to knee damage," said Dr Mishra.

Doctors at Fortis Escorts, Faridabad, save life and voice of 28-year-old kite string injury victim



Team Faridabad with the patient

A team of doctors at Fortis Escorts Hospital, Faridabad, gave a new lease of life to a 28-year-old salesman who had suffered a deep wound on his neck, caused by a kite string. The patient was bleeding profusely when he was brought to the hospital's Emergency on July 11, 2022. The sharp string had caused a 20 cm long incision, injuring

several major blood vessels and the voice box (larynx).

After controlling the bleeding, the patient was shifted to the ICU, where the airway was immediately secured by video laryngoscopy. The patient was then shifted to the Operation Theatre for a lifesaving emergency surgery. A team led by Dr Manu Shankar, Director - General Surgery and Dr Nitin Sardana, Senior Consultant - General Surgery carefully secured the bleeding vessels and repaired the wounds. Post surgery, the patient was shifted to the ICU and put on ventilator. He was placed under the care of Dr Supradip Ghosh, Director & Head - Critical Care Medicine and Dr Amandeep Singh, Senior Consultant - Critical Care Medicine, and was monitored constantly. The patient was successfully extubated on July 15, 2022, with a preserved voice.

104-year-old man's hip fracture successfully treated through Complex Primary Revision Hip Replacement Surgery at Fortis Anandapur, Kolkata

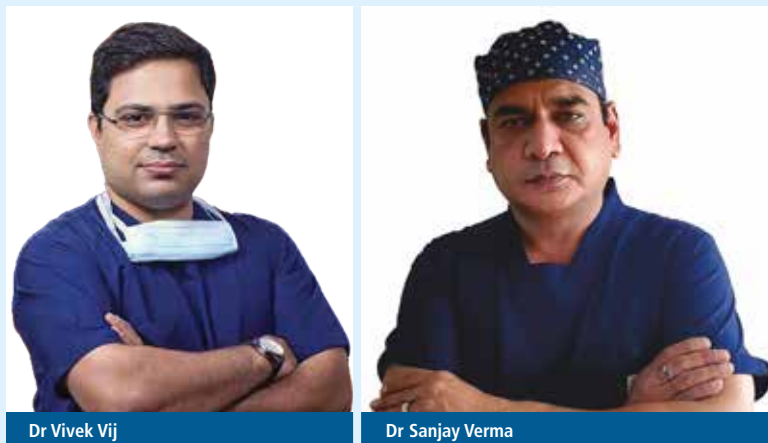
Sixty minutes was all that a team of surgeons at Fortis Hospital, Anandapur, had to perform a complex primary revision hip replacement surgery on a 104-year-old farmer from Midnapore, West Bengal. The case was extremely challenging as the centenarian, a known case of osteoporosis, also suffered from multiple co-morbidities including hypertension, heart and lung ailments. As an extended dose of anaesthesia could have affected the patient adversely, the doctors had to perform the surgery within the short span. The team of doctors was led by Dr Anindansu Basu, Orthopaedic Surgeon.



Doctors sharing the success story with media persons, in the presence of the patient

The patient had met with an accident while returning from his farms, causing a hip fracture. His family had taken him to the Midnapore outreach OPD of Fortis Anandapur after local doctors and hospitals refused to treat him owing to his advanced age and health complications. He was advised hip replacement surgery. His family was initially reluctant but eventually realised that surgery was the only possible option as a plaster could not have helped heal the serious injury. They brought the patient to Fortis Anandapur, where a multi-disciplinary team comprising of cardiac specialists, endocrinologists, lung specialists, intensivists and anaesthetists, thoroughly evaluated the patient and planned the surgery in meticulous detail. The doctors opted for a Long Stem Cemented Bipolar Surgery to fix the fracture. The patient recovered relatively quickly and was discharged on May 27, 2022, after 10 days of admission.

Rare case of Adult Congenital Bochdalek Diaphragmatic Hernia treated laparoscopically at Fortis Escorts, New Delhi



Dr Vivek Vij

Dr Sanjay Verma

A team of doctors at Fortis Escorts, New Delhi, led by Dr Vivek Vij, Chairman - Liver Transplant and GI Surgery, Dr Sanjay Verma, Director – Minimal Access, Bariatric & GI Surgery, conducted a minimally invasive procedure to treat a rare congenital condition – Bochdalek Diaphragmatic Hernia – of a 39-year-old female patient.

The patient had presented with a complaint of fever and shortness of breath. Her problem came to light after her symptoms aggravated during a vacation at a hill station. During evaluation, she was diagnosed to have Congenital Bochdalek Diaphragmatic Hernia with atelectasis (collapse) of the left lung. Bochdalek Hernia (BH) in adults is extremely rare. Her stomach, small intestine, spleen and colon had herniated into the chest, impairing her ability to breathe. She underwent a Laparoscopic Diaphragmatic Hernia Repair on June 30, 2022. The abdominal organs, which had occupied the chest, were moved back to the abdominal cavity and the hole in the diaphragm was closed and reinforced by using a mesh. The patient has recovered well after the procedure.

Doctors at Fortis hospitals in Bengaluru use Impella device to support angioplasties of senior citizens



(L-R): Mr Akshay Oleti, Business Head – Bangalore; Dr Srinivas, Consultant - Interventional Cardiology; Dr Keshava, Director - Interventional Cardiology; Dr Vivek Jawali, Chairman - Cardiac Sciences, Dr Sridhara, Associate Director - Interventional Cardiology and Mr Anand Angadi, Facility Director

In a span of 30 days, doctors at Fortis hospitals in Bengaluru used the Impella Heart Pump to treat three elderly patients suffering from 'failing heart' and conducted complex angioplasties with the assistance of the supportive device. This was announced at an event on August 30, 2022. While Dr Keshava R, Director - Interventional Cardiology, Fortis Hospital, Cunningham Road, treated an 81-year-old male patient, Dr Srinivas Prasad, Consultant - Interventional Cardiology, Fortis Hospital, Bannerghatta Road, treated a 71-year-old female patient. Dr Gopi A., Director - Interventional Cardiology and Dr Sridhara R., Associate Director - Interventional Cardiology, Fortis Hospital, Cunningham Road, successfully performed the procedure on an 85-year-old patient.

All the three elderly patients had undergone angioplasty a few years ago and were again diagnosed with multiple heart blockages. Considering the advanced age, the doctors opted for the Impella device to support the procedure. Impella is a small heart pump used to support the heart during the procedure and is a boon for patients who have a low heart function. It can also be used to support the heart in cases of high-risk angioplasties (Protected PCI) in patients with poor heart function.

Patient Experience

Emergency Dept of Fortis Hospital, Vasant Kunj, New Delhi, implements ACLS 'Smart Roles & Responsibilities' cards for staff



Dr Mohammad Nadeem, Head - Emergency (third from left) with his team displaying the CPR cards

The Emergency Department at Fortis Hospital, Vasant Kunj, New Delhi, has implemented a novel Advanced Cardiovascular Life Support (ACLS) 'Smart Roles & Responsibilities Card' for staff members. Speaking about the initiative, Dr Mohammad Nadeem, Head – Emergency, said, "During a cardiac emergency, every minute is precious. In most cases, doctors barely have the time to brief their teams about the individual roles and activities. To obviate any chaos or

conflict and to ensure clockwork precision at all times, we have introduced the 'Smart Roles & Responsibilities Cards' for all Emergency staff members. These cards contain the exact tasks of each card holder in the event of an emergency and is assigned at the beginning of each shift. The assigned responsibilities comply with the AHA ACLS Guidelines and this helps coordinate and manage an emergency with utmost efficiency while complying with the established protocols."

Fortis BG Road, Bengaluru, conducts mock evacuation drill



The mock evacuation in progress

Fortis Hospital, Bannerghatta Road, Bengaluru, conducted a Code Red (Night Mock evacuation) drill on July 15, 2022, from 9:00 pm to 10:15 pm in the second floor Endoscopy Department. The drill was conducted by Admin Head, Facility Head, CSO/FSO and SS along with the medical and non-medical staff. The patients were shifted to the emergency unit of the hospital for their management and care, the staff members gathered at the assembly area.

Community Connect

Fortis Hospital, Noida, organises free liver screening camp on World Hepatitis Day



Fortis Hospital, Noida, organised a free liver screening camp on the occasion of world hepatitis day on July 28, 2022. Around 174 people underwent liver screening. The camp offered free Hepatitis B & C tests, Hepatitis B

vaccine, Fibroscan and consultation. The camp was inaugurated by Dr Suneel Kumar Sharma, Chief Medical Officer - Noida along with Dr Ajay Bhalla, Director & Head -Gastroenterology, Dr Shanu Sharma, Medical Superintendent, Dr Mukul Rastogi, Director - Hepatology & Gastroenterology, Dr Nitin Manglik, Principal Consultant - Gastroenterology and Dr J. S. Bhogal, Additional Director - Gastroenterology, Fortis Hospital, Noida. The activity was conducted by Team Nursing, Team SRL and was coordinated by Team Sales & Marketing.

Fortis Bloom IVF Centre, Fortis La Femme, Greater Kailash-II, New Delhi celebrates World IVF & Embryologist Day

Fortis Bloom IVF Centre, Fortis La Femme, Greater Kailash-II, New Delhi, celebrated World IVF & Embryologist Day on July 27, 2022, with over 50 parents and children born at the centre. Dr Hrishikesh Pai, Director - Bloom IVF, Dr Sunita Arora,



Clinical Head - Bloom IVF, Ms Garima Prasad, FD - Fortis La Femme and Dr Meeta Dixit, Medical Superintendent were present on the occasion. A cake was cut and gifts were distributed to the IVF children.

The day is celebrated to mark the birth of the first IVF baby in the world and recognise the success and importance of IVF in helping couples achieve their dream of parenthood.

Fortis Hospital, Anandapur, Kolkata, conducts 'Campus Connect' at city nursing college



Fortis Hospital, Anandapur, Kolkata, conducted a Campus Connect Program on July 29, 2022, at Sister Florence College of Nursing, Kolkata to guide nursing students and invite them to explore career opportunities. Mrs Doli Biswas, Chief Nursing Officer, shared a brief introduction, accreditations journey, the career pathway and responsibilities of nurse. She emphasised the crucial role of nurses for patients, healthcare organization, society and the country. A video on nursing activities was screened to share the concept of modern nursing practices. Mr Abdul Rashid, Associate General Manager - Human Resources, delivered a motivational speech to the aspiring nurses about their future prospects. He shared the facilities provided by Fortis and the way Fortis takes care of its nurses. The session was followed by Basic Life Support demonstration, conducted by Ms Rajkumari Lakshmi and Ms Purba Das, the Nursing Educators. The students also participated actively in the return demonstration. The session ended with a group photo session of all faculties and students.

Fortis Vadapalani, Chennai, organises blood donation drive to mark 75 Years of Independence



On the occasion of the 75th Independence Day, Fortis Hospital, Vadapalani, Chennai, in partnership with a non-governmental organisation, organised a day-long blood donation camp on August 15, 2022, at the hospital. The event was graced by Thiru Durai Vaiko, a respected political leader, as the Chief Guest. Mr Venkat Phanidhar Nelluri, Head – SBU, Chennai, was present on the occasion and witnessed participation from 100 donors.

“Every pint of your blood can save the life of up to three people. Blood donation is an opportunity to improve their lives and enhances social solidarity. Sadly, although many patients require transfusion they do not have timely access to safe blood. This blood donation drive is aimed to encourage the youth and instil a sense of responsibility among them,” said Dr Shanmugha Priya R. A., Blood Centre In-charge at Fortis Hospital, Vadapalani.

Fortis Hospital, Mulund, organises blood donation drive on the eve of 75th Independence Day



On the eve of 75th Independence Day, the Corporate Marketing team of Fortis Hospital, Mulund, organised a blood donation drive at the offices of reputed organisations. A total of 244 units were collected. The effort was led by Ms Priya Sawant, Head – Corporate Sales and Mr Ganesh Pujari.

Fortis Hospital, Vasant Kunj, New Delhi, marks World Organ Donation Day with walkathon to raise awareness



On the occasion of World Organ Donation Day, Fortis Hospital, Vasant Kunj, New Delhi, organised a walkathon to raise awareness. The event was clubbed with the 75 years of Indian Independence, 'Azadi ka Amrti Mahotsav.' More than 250 residents of near-by areas participated. Mr Ajay Vedwal, Assistant Commissioner of Police - Vasant Kunj, presided over the event as the chief guest. Dr Sanjeev Gulati and team, Dr Amit Bhargava, Dr Nidhi Rohtagi, Dr Pradeep Muley and Dr Rajeev Nayyar, Facility Director, graced the occasion. Biker groups, cycling groups and residents welfare associations participated in the event with great enthusiasm. T-shirts, Tricolour balloons and medals were given away to the participants.

Over 200 drivers with Transport Department, Maharashtra, learn life-saving skills at Fortis Mulund's First Aid training at camp



Fortis Hospital, Mulund, organised a training programme titled 'First Aid Trauma Care: Duty as first respondent and good samaritan' for the Maharashtra Transport Department's VIP vehicle drivers. The training, conducted on August 24, 2022 at Yeshwantrao Chavan Memorial Hall, Fort, Mumbai, was led by Dr Manjeet Singh Arora, Consultant - General Physician & BLS Trainer. More than 200 participants learnt the basics of how to save a life by delivering first aid.

Over 500 people benefited from Cardiac Health Camp organised by Fortis Vadapalani, Chennai



Fortis Hospital, Vadapalani, Chennai, along with Chennai Corporation Zone 11 organised a Cardiac Health Camp at Government Hospital, Valasaravakkam, Chennai, to promote heart health from August 25 to September 2, 2022. The camp was inaugurated by Thiru Ganapathi, MLA, Maduravoyal, in the presence of several dignitaries. The camp encouraged the general public and Chennai Corporation workers to undergo a blood pressure, random blood sugar, BMI and ECG check along followed by a consultation with a doctor. Over 500 people benefited from the camp. All camp visitors were provided with free sanitizers, face masks and a free doctor consultation coupon for any speciality. Also present at the event was Thiru V Rajan, Chairman Valsaravakkam & Nolambur Corporate Zone 11, Mrs Dhanalakshmi, Medical Officer, Cinna Porur and Mr Boobesh – AHO.

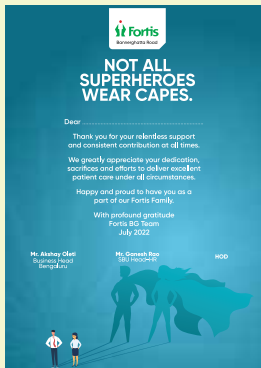
Fortis Hospital, Noida, imparts Basic Life Support Training at Canadian High Commission, New Delhi



Fortis Hospital, Noida, conducted a Basic life Support (BLS) training for the diplomats and staff of the Canadian High Commission in New Delhi from July 19-22, 2022. The training was facilitated by Dr Anurag Agarwal, Head -Emergency, at Fortis Hospital, Noida. The training was conducted in two separate batches and over 32 diplomats and staff members of the High Commission participated in the event.

Engagement

Fortis BG Road, Bengaluru, felicitates non-medical staff for elevating patient experience



The felicitation ceremony of 'Frontline Heroes' was held at Fortis BG Road on July 29, 2022. Non-medical staff from Patient Care Services - OPD & IPD, International Patient Care, Admissions, Billing, Cashiers, Insurance and Patient Experience departments were recognised and felicitated by Mr Akshay Oleti, Business Head - Bangalore and the Unit Senior Leadership team. As a token of gratitude, around 78 employees were felicitated with Thank You cards, Frontline Hero badges and gift vouchers.



The employees were appreciated and thanked for delivering excellent patient satisfaction in midst of the increasing rush in OPDs, high occupancy and challenges of the pandemic.

Fortis Shalimar Bagh, New Delhi, conducts Orientation Programme in Transfusion Medicine for doctors



An orientation programme for in-house doctors of Fortis Hospital, Shalimar Bagh, New Delhi, was conducted on June 28, 2022, by the Transfusion Medicine Department, led by Dr Nippun Prinja, Head - Transfusion Medicine. The programme acquainted participants with recent advancements in Transfusion Medicine. Topics of discussion included Patient Blood Management (PBM), antibody type and screen and management of transfusion reactions.

Mr Mahipal Singh Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj, inaugurated the event. Dr Rahul Chaurasia, Associate Professor, AIIMS - Delhi and Dr Satyam Arora, Associate Professor, PGICH, Noida, were invited as faculty. All the grey areas related to Transfusion Medicine were addressed by the experts. Doctors at Fortis Hospital, Shalimar Bagh, participated with great zeal, making the event a successful academic fest.

Fortis Hospital, BG Road, Bengaluru, celebrates World Breast Feeding Week



Mr Akshay addressing the gathering



Dr Hariram giving an educative session



Dr Gayathri during the session



Dr Anu giving a talk during the event



Cake cutting

Fortis Hospital, Bannerghatta Road, Bengaluru, celebrated World Breast Feeding Week with an educative session for nurses and staff on August 1, 2022. The event started with a pre-test for the nurses which was followed by educative sessions by Dr Suguna, Dr Anu Sridhar, Senior Gynecologist, Dr Hariram, Director - Paediatrics, Dr Tejal, Consultant - Paediatrics and Dr Yogesh, Head - PICU. The event was followed by inauguration of the World Breastfeeding Week standee by Mr Akshay Oleti, Business Head - Fortis Hospitals, Bangalore along with the senior gynaecologists and paediatricians at the hospital. A cake was also cut on the occasion. This was followed by another series of sessions by Sister Preema, Sister

Gowri, Joyce Jayaseelan, Sister Sunitha, Sister Nirmala and Sister Sikha. The event concluded with a pledge for breastfeeding by Ms Joyce Jayaseelan, Lactation Consultant.

Fortis Anandapur, Kolkata, receives Nursing Excellence Re-Certification for the 4th time



Fortis Hospital, Anandapur, Kolkata, has received the Nursing Excellence Re-Accreditation Certification for the fourth time. The hospital received the first Nursing Excellence Certification in 2016, making it the first hospital in Eastern India and the Fortis network to receive the coveted certification. The Nursing Excellence Re-Assessment was done by two Assessors from May 10-11, 2022.

The Nursing team at Fortis Anandapur has been instrumental in delivering quality patient care through exceptional service. The team's commitment and hard work is reflected in the high patient satisfaction rating with Nursing care.

Fortis Mohali organises five-day kidney transplantation programme in association with MOHAN Foundation and PGI, Chandigarh



Dr Amit Mandal, Director of Pulmonology, Critical Care and Sleep Medicine, Fortis Mohali



(From left) Dr Sunil Shroff, President of the Indian Society of Organ Transplant and Urological Society of India; and Dr Priyadarshi Ranjan



(From left) Ashish Bhatia, Business Head-Rest of India, Fortis Healthcare Limited; Dr TS Mahant, Executive Director, Cardiothoracic and Vascular Surgery, Fortis Mohali; and Dr Priyadarshi Ranjan



Dr Priyadarshi Ranjan, Director, Urology, Robotics and Kidney Transplant Surgery, Fortis Mohali



Dr Priyadarshi Ranjan; Prof Vipin Kaushal, Medical Superintendent cum Director, ROTTO, North PGI; and Dr. Vikramjit Singh Dhaliwal, Medical Director, Fortis Mohali

To spread awareness on the latest advancements in the field of kidney transplant coordination and transplant nursing, Fortis Hospital Mohali organised a five-day national preliminary workshop from August 22nd-26th. The workshop was organised in collaboration with Multi Organ Harvest Aid Network (MOHAN) Foundation under the aegis of National Organ and Tissue Transplant Organisation (NOTTO) and Regional Organ and Tissue Transplant Organisation (ROTO) PGI, Chandigarh. Dr Priyadarshi Ranjan, Director, Urology, Robotics and Kidney Transplant Surgery, Fortis Mohali, was the organising chairman of the event. Dr Sunil Shroff, President of the Indian Society of Organ

Transplant and Urological Society of India, and Managing trustee of MOHAN FOUNDATION was the guest of honour. Dr Vipin Koushal, MS PGI and Director of ROTTO, North India, was the chief guest. The five-day workshop included sessions on organ donation and transplantation; corneal donation, skin donation and banking; amendments under the Transplant Act; brain stem death, deceased donation programme; robotic kidney transplant; medication management; basics of heart failure and transplant; besides counselling families for organ donation.

Awareness sessions mark World Physiotherapy Day at Fortis Mohali

The Department of Physiotherapy, Fortis Hospital, Mohali, organised a host of activities at the facility to mark World Physiotherapy Day on September 8, 2022. The day is celebrated across the world to raise awareness about the contribution of the global physiotherapy community in patient care. Dr G. K. Balaji, Head - Physiotherapy, delivered a



Glimpses from the event

lecture to the physiotherapy staff on the World Confederation of Physical Therapy (WCPT) theme, 'Prevention & management of osteoarthritis.' Patients were also sensitised on the importance of physiotherapy and how it helps in pain management. A cake-cutting ceremony was held on the occasion where several staff members shared their experiences. Dr Shailza Singla Rana, In-charge - Physiotherapy, Fortis Mohali, delivered the vote of thanks.

Fortis Hospital, Shalimar Bagh, New Delhi, organised five-day 'A.I.M. for Safety' campaign



Glimpses of the campaign

The Nursing Team at Fortis Hospital, Shalimar Bagh, New Delhi, organised a five-day 'A.I.M. for Safety' campaign to highlight the need for healthcare workers' safety. The campaign was inaugurated on July 29, 2022, by Mr Anil Vinayak; Group COO, Fortis Healthcare, Mr Mahipal Singh Bahnot; Business Head – FMRI, Shalimar Bagh & Vasant Kunj, Mr Rahul Rajdev; Regional Manager – BD India and Mr. Deepak Narang, Facility Director, along with the senior administration of the hospital.

The campaign was run by creating six stalls of safety information. The Hospital Nursing Education Team, Infection Control Nurses and Quality Nurses contributed by educating the staff on the International Patient Safety Goals (IPSG) and BD's training team educated about global recommendations for Needle Stick Injury Prevention and Safe Infusion Standards. The campaign reinforced Evidence Based Practices to more than 560 healthcare workers, including Nurses, OT-Technicians, Dialysis Technicians, ICU Technicians, Blood Bank Technicians, GDAs and Housekeeping staff regarding the International Patient Safety Goals and safety measures for healthcare workers. The aim of this campaign was to develop a strong team that works together with patient safety as their number one priority.

Inspiring Stories

Son thanks doctors at Fortis Ludhiana with tattoo on arm after complex surgery to remove mother's abdominal tumour



Dr Anish Bhatia and team with patient



The Patient's son displaying tattoo on his arm

A 51-year-old woman suffering from a rare case of extra-adrenal paraganglioma, a large non-cancerous abdominal tumour, was successfully operated upon by a multi-disciplinary team at Fortis Hospital, Ludhiana. The team was led by Dr Anish Bhatia, Onco Surgeon and included Dr Junish Bagga, Vascular Surgeon, Dr Nikhil Bansal, CVTS Surgeon and Dr Harpreet, Anaesthetist. The tumour had stuck to the major blood vessels, making the surgery very complex. Before coming to Fortis with complaints of severe abdominal aches, the patient had been to three city hospitals but was refused surgery. The Fortis team, however, took up the challenge and removed the entire tumour without causing any significant damage to the vessels or bleeding. The surgery went off smoothly and after a brief post-operative stay, the patient was discharged on May 31, 2022.

To express his appreciation for Dr Anish Bhatia, the patient's son got his name tattooed on his arm, and called him a real hero and saviour. The patient's son said he wanted to do something special to thank the doctor and the entire Fortis team.

Team Fortis Kalyan surprises two octogenarians with birthday bash at hospital



In a touching gesture, the Patient Experience, Nursing, RMOs, Support Staff and HR teams at Fortis Hospital, Kalyan, came together to celebrate the 80th birthday of two patients in August 2022. The octogenarians were visibly emotional when they connected with their respective family members via video calls during the cake cutting. Overwhelmed

with the warm and friendly gesture, the patients showered their choicest blessings on all the staff members.

Team Security at Fortis Vasant Kunj goes beyond the call of duty to save a life



(L-R) Security guard Arun, Cab Driver Arvind, Security Supervisor Praveen and Security guard Santosh



Quick response and alertness of Team Security of Fortis Hospital, Vasant Kunj, New Delhi, saved the life of a man whose car caught fire near the parking lot of the hospital premises. Arun and Santosh, the security staff allocated at Gate No. 2 immediately informed Mr Praveen Security Supervisor, and ran towards the burning car with a fire extinguishers. Praveen along with Arvind also rushed with PFEs and joined the firefighting. A total of six fire extinguishers were used to control and douse off the fire. There was no loss of life and the owner of car appreciated the promptness of Team Security.

Ms Aswini Sarikonda of Fortis Hospital, Vasant Kunj, New Delhi, wins first prize at ANEI's story writing competition

Ms Aswini Sarikonda, Chief of Nursing, Fortis Hospital, Vasant Kunj, New Delhi, has won the first prize at a story writing competition organised by Association of Nurse Executive-India (ANEI). The story, titled 'A Stitch on Time,' records her experience to prevent Code Blue. The story also captures demonstrates the high quality of nursing care available at Fortis Vasant Kunj. ANEI is an inclusive forum of nurses from various domains, ranging from nursing education to nursing practice. Every year, ANEI members from across India participate in the competition and share inspiring stories capturing their professional lives.



Ms Aswini Sarikonda

Read Ms Aswini Sarikonda's award winning article

"A Stich in Time" (RRT)

Mr Sharma 50 Years old patient admitted in the hospital with c/o pain in lower limbs and difficulty in walking since six months and the known case of HTN, DM.

Patient was undergone for radiological investigation and diagnosed with osteoarthritis and for the same patients was undergone for B/L Knee Replacement. And shifted ICU on POD-0 and on POD -1 patient was shifted to B1 Ward in stable condition.

On POD-1 The assign staff went to patient room around 3pm for hourly nursing rounds and she has found patient showing symptoms of Sweating, palpitation, Dizziness & Headache and immediately she has checked RBS and that was **40mg/dl**, so it was the ideal situation to meet the criteria of Modified Early Warning Sign. Therefore, assign staff announce the RRT straight wat by dialling the Number 8888 through PA System.

Meanwhile Ward Nurse has checked the patient Vitals parameter (BP- 80/50 mm of hg, HR- 120 beat/Minute, R- 25 breath/minute, Spo2- 92%)

Within 3minutes all RRT Members have arrived on the Spot. Ward Doctor has advised to administer **25% dextrose** of 100ml bolus.

ICU Nurse has attached the ECG Electrode to monitor patient Vitals, Spo2 as well as cardiac rhythm.

CCM Doctor has quickly assessed and the review the patient condition and advised to give **300ml NS** bolus in view hypotension.

Nursing supervisor has made every necessary arrangement for RRT Team to handle the situation smoothly as well as Nursing Supervisor was documented the events.

After 15 minutes of event ward nurse has again Checked RBS which was **100 mg/dl** and the Vitals of the patient was within Normal Limits (BP- 110/70 mm of hg, HR- 80BPM, R- 20 Breath per Minute, Spo2-97%).

DEBRIEFING OF THE EVENTS

Praising Points

- By Ward Staff Nurse early recognition of symptoms of hypoglycaemia was identified on time and promptly activated the RRT with loud and clear voice through PA System.
- All the RRT Member was on time with in the time frame of HCO.
- RRT Situation was smoothly and effectively handled at the ward itself.

Take Away Points

- Patient intake of food was inadequate after receiving the Insulin therapy. So, Assign staff has to emphasized on quantity consumed/intake of food by patient and same has to convey endocrinologist/ Primary Physician.
- Insulin therapy has to modified as per the sliding scale as well as the patient consumption/intake of food.

Follow UP

After 2-4 hours of RRT visit Patient Vitals as well as the RBS was within the Normal range (RBS- 110mg/dl, BP- 120/70 mm of hg, HR- 76 BPM, R-16 Breath per minute)

After 12-24 hours of RRT visit Patient Vitals as well as the RBS was within the Normal range (RBS- 114mg/dl, BP- 120/80 mm of hg, HR- 80 BPM, R-20 Breath per minute)

Next Day patient was happily discharge from the Hospital without any further hypoglycaemic episode and while endorsement of discharge summary to patient family, exclusively health education given to strict of blood sugar level as well as how to tackle hypoglycaemic events.

RRT (RAPID RESPONSE TEAM)

The Hospital Rapid Response Team is a multidisciplinary Team which is available 24x7 and will respond within 3-5 Minutes to the notification of Modified early warning sign of deterioration of any adult/Pediatric in patient in FHVK.

Purpose

To Prevent Death in Patient who are falling outside the intensive Care setting.

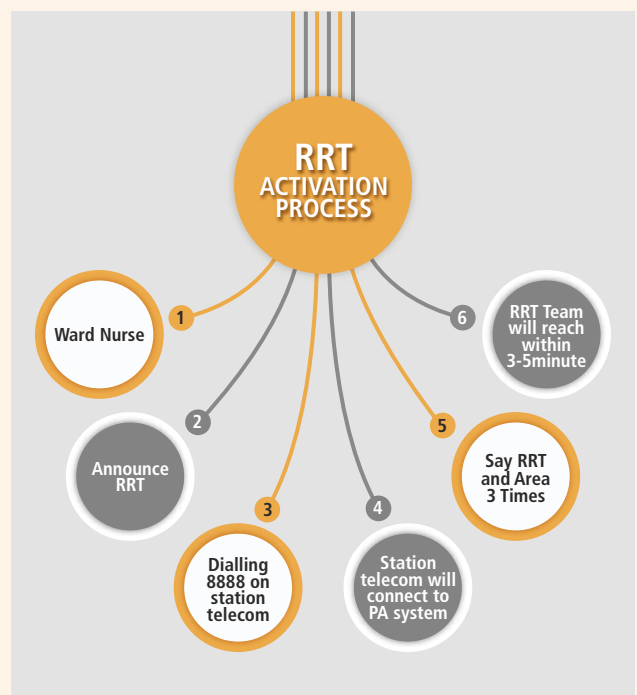
To Provide a mechanism for floor doctor and nurses to obtain assistance prior to their patient suffering from cardio pulmonary arrest.

CRITERIA FOR RAPID RESPONSE TEAM ACTIVATION

1. Floor Doctor or Nurse is Worried About the Status of Any Patient.
2. Saturation < 90% Despite Oxygen.
3. Heart Rate <50 or >130 Beats Per Minute.
4. Systolic BP <70 Or > 180 mm of Hg.
5. RR <8 or >30 Breath Per Minute
6. Temperature <35° Or >38.6°
7. Blood Sugar <80 mg/dl with Hypoglycaemic Symptom or <60 mg/dl with No Hypoglycaemic Symptom.
8. New Onset of Chest Pain with Sweating in Non-Cardiac Patient
9. Hourly Urine Output <30ml/hr. for consequently 3hours and in 3hours Total Urine Output <100ml.
10. Acute Onset of Neurological Symptoms-
 - a. Acute Mental Status Change

- b. Unexplained Onset of Lethargy and/or Agitation
- c. Seizure

11. Symptoms of Stroke:
 - a. Sudden Loss or Change in Speech
 - b. Sudden Loss of Movement (Weakness) of face, Arms or Legs.
 - c. Numbness and Tingling
 - d. Dip in Level of consciousness
12. Major Bleeding
13. Sudden dislodgment of tubes (Chest, Tracheal)



RRT (RAPID RESPONSE TEAM)

1. Ward nurse
2. ICU Nurse
3. Nursing Supervisor
4. Ward/Floor Doctor
5. CCM Team

THE RRT APPROACH IS BASED ON SEVERAL KEY CONCEPTS

1. Identification of Patient at risk
2. Early Notification of Responders
3. Rapid Intervention by the RRT Team
4. Audit of system's performance

Special Feature



Observed Across Fortis Network



Fortis Escorts Heart Institute, New Delhi



Fortis Hospital, Vasant Kunj, New Delhi



Fortis Hospital, Anandapur, Kolkata



Fortis Hospital, Vadapalani, Chennai



Fortis Hospital, Mulund



Fortis Escorts Hospital, Faridabad



Fortis Escorts Hospital, Amritsar



Fortis Memorial Research Institute, Gurugram



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Ludhiana



Fortis Hospital, Noida



Hiranandani Hospital, Vashi - A Fortis Network Hospital

World Heart Day - Advance Heart Failure Clinic launched at Fortis Shalimar Bagh, New Delhi



On the occasion of World Heart Day, an Advance Heart Failure Clinic was launched at FHSB on September 29, 2022. This clinic aims at providing Comprehensive Medical Services including dietary and nutrition advice, exercise and rehabilitation advice and home based care. The Interventional Services include TAVI/ Valve Replacement, Heart Transplant, ECMO/ VAD, PTCA/ STENTING/ CABG.

The specialised clinic, under the leadership of Dr Naresh Kumar Goyal,

Director & HOD – Cardiology & Heart Failure Programme, aims to provide support to Heart Failure Patients who need constant support and follow-up. The inauguration was conducted by Mr Deepak Narang, Facility Director and Dr Goyal along with senior clinicians.

Fortis Hospital, Anandapur, Kolkata, conducts BLS training on the occasion of World Heart Day

On the occasion of World Heart Day, Fortis Hospital, Anandapur, Kolkata, in collaboration with an external partner, organised a BLS training session for the teaching and non-teaching staff of various schools and colleges. The objective of the session was to raise awareness about cardiac ailments and train people on how to respond to medical emergencies. At the training session, more than 100 participants learned how to deal with medical situations and to perform Cardiopulmonary Resuscitation (CPR) in case of a cardiac emergency. The programme started with a session by Dr Arijit Sil, Consultant - Emergency Medicine,

where he spoke about how to identify and handle medical emergency situations. After the session, the participants underwent CPR training conducted by a skilled multi-disciplinary team of doctors and technicians.



Fortis Hospital, Vasant Kunj, New Delhi, organises Walkathon as part of World Heart Day



To celebrate World Heart Day, Fortis Hospital, Vasant Kunj, New Delhi, organised a walkathon on September 24, 2022. A total of 368 fitness enthusiasts registered for the event, which was flagged off by Dr Tapan Ghose, Director – Cardiology. Overwhelming participation was received from neighbourhood residents welfare associations, Yoga groups, cyclists, Rotary Club members, senior citizen and citizen’s fora. The participants received T-shirts, flags, medals, coupons and heart badges as mementoes. The event was organised by the Sales & Marketing team and received support from Dr Ranjan Kachru, Associate Director - Cardiology, Mr Yash Rawat, Facility Director and Dr Ruchi Ranawat, Medical Superintendent apart from HR, IT, Medical Admin, Non-Medical Admin, Housekeeping, Security and SCM.

Events

Fortis BG Road, Bengaluru, conducts training on 'Prevention of Fall' for nurses



Mr Akshay Oleti and Dr Rajasekhar during the lamp lighting



Dr Rajasekhar conducting the session on post op complication and prevention of fall



Mr Akshay Oleti addressing the participants



Mr Jerin, Physiotherapist



Mrs Geena, Nurse In-charge during the session



Mrs Gowri, Nurse Educator during the session



Mrs Mala VS, (MC) Nurse Educator during the session



Participants during the session

Fortis Hospital, BG Road, Bengaluru, conducted a CNE session on 'Prevention of Fall,' for nurses on July 15, 2022. Around 74 nurses participated in the event. The session started with lamp lighting in the presence of Mr Akshay Oleti, Business Head – Bangalore, Dr Priya Goutham- Medical Director, Dr Yamini-Medical Admin, Mr Praveen Wali- Admin Head, Mr Ganesh Rao- Zonal Head- HR, Ms Latha Nonis - CNO and Ms Sunithamma Tomy, and the speakers Dr Rajasekhar K. T, Senior Consultant - Orthopaedics & Joint Replacement Surgery, Ms Gowri, Nursing Educator, Mrs Geena, Nursing Educator and Mr Jerin, Physiotherapist.

Fortis Memorial, Gurugram, conducts EBUS Bronchoscopy Workshop



Glimpses of Training

The Department of Pulmonology, Fortis Memorial Research Institute (FMRI), Gurugram, organised a workshop on EBUS Bronchoscopy on July 10, 2022. The workshop was endorsed by the Indian Chest Society under the leadership of Dr Manoj K Goel, Director – Pulmonology, as the Course Director. Dr Ajay Kumar, Additional Director and Dr Gargi Maitra, Consultant Pulmonologist, FMRI were the Organising Secretaries. More than 100 participants from all over India were trained by an eminent faculty. The highlight of this workshop was a focussed practical and tactical one-to-one hands-on training on Linear as well as Radial EBUS Bronchoscopy, that would enable the practicing Pulmonologists to perform these highly specialised procedures more efficiently and safely.

Fortis Anandapur, Kolkata, celebrates World Breast Feeding Week



Opening of week long programme



Inauguration of the breast-feeding week



Cake Cutting with small Kids in the pediatric OPDs



Posters competition on importance of breast-feeding



Felicitation of the winner of posters and Quiz completion by Dr Anuradha (MS) and Dr Sumita Saha



Gift Distribution by Dr Sumita Saha



Fortis Anandapur, Kolkata, celebrated World Breast Feeding Week from August 1-6, 2022, with great enthusiasm. The inauguration of the week-long programme was commenced with lamp lighting, ribbon cutting and a cake cutting ceremony by Neonatologists, Paediatricians, Gynaecologists and new mothers in the Paediatric OPD. On August 2, Dr Sumita Saha, Neonatologist, took sessions on Breast Feeding Technique and Kangaroo Mother Care. On August 3, a quiz competition and poster competition were organised by Mitali Madhusmita, Nursing In-charge, and the Education Team. Nurses from various departments enthusiastically participated in the events. On August 4, the Breast Feeding Substitute Act was discussed by Dr R. K. Singh, Paediatrician. On August 5, a session on Breast Milk Fortification was conducted by Dr Vikram and on August 6, Antibiotic Administration for Paediatrics was discussed by Dr Subhayan Mukherjee, Resident Medical Officer - Paediatrics. The week-long programme was applauded by everyone, especially the new mothers.

Vice President of Gambia, West Africa, visits Fortis Hospital, Noida

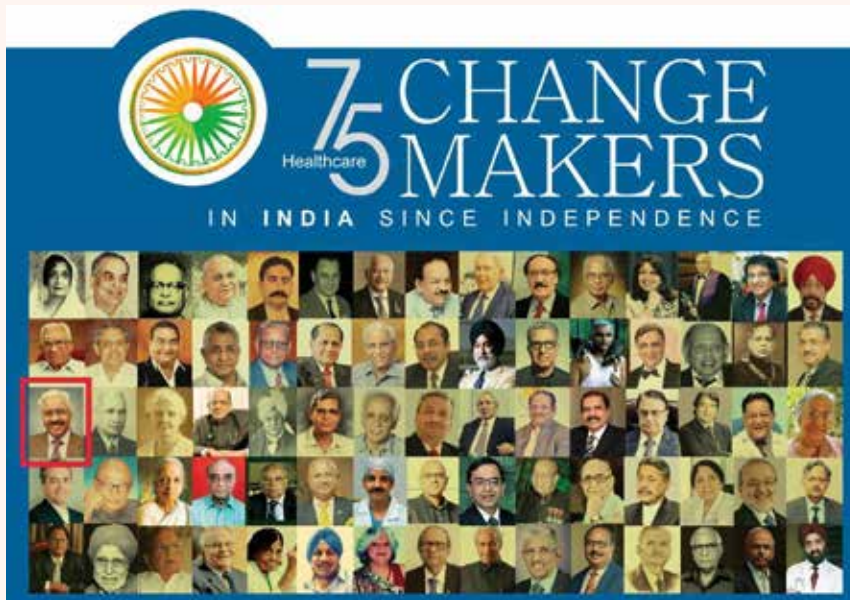


A delegation led by His Excellency Badara A. Joof, Vice President of Gambia, a West African country, visited Fortis Hospital, Noida, recently. The

delegation met with Mr Mohit Singh, Head – SBU, Noida, Ms Renu Vij, Head - International Sales, Dr Sanjeev Gera, Director - Cardiac Sciences and the Sales Team of Fortis. Among several significant topics discussed during the meeting, the ones of particular importance were Fortis's continuous cooperation in providing quality care via health camps in Gambia. The delegates also discussed their future plans regarding health and wellness in Gambia. Fortis Noida thanked the honoured guests for visiting the hospital as well as appreciating, motivating and guiding the team.

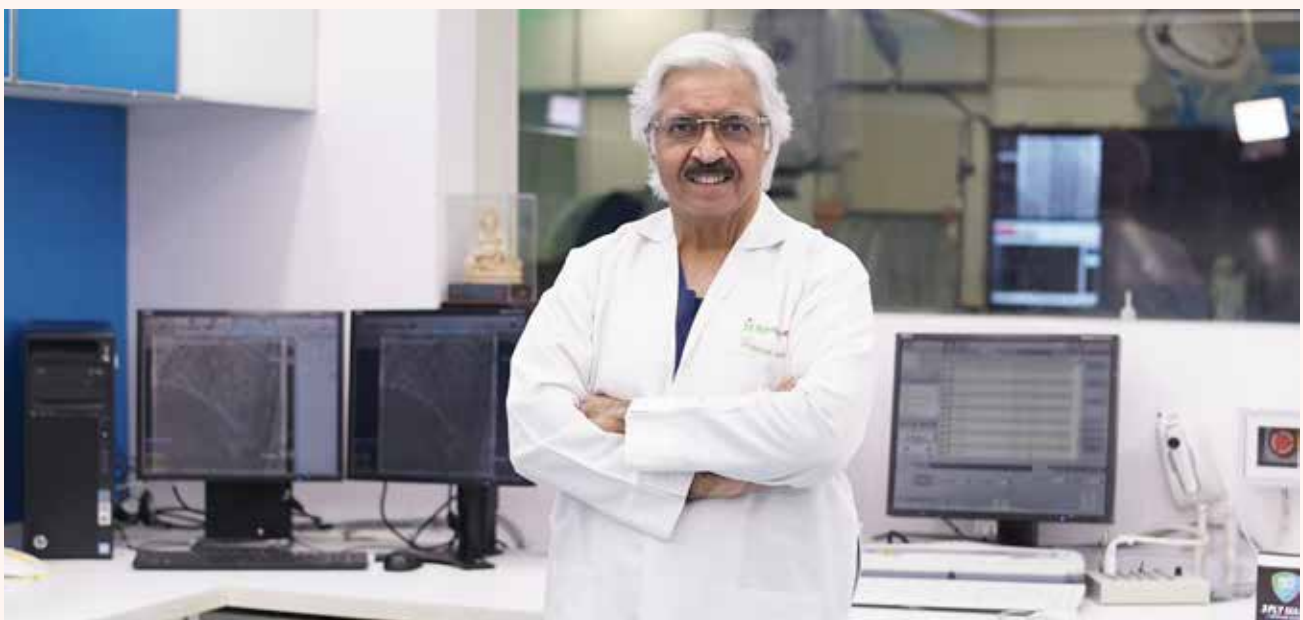
Awards & Accolades

Dr Ashok Seth features in '75 Healthcare Change Makers in India since Independence' book



Prof (Dr) Ashok Seth, Chairman – Fortis Escorts Heart Institute, New Delhi, and Chairman – Fortis Medical Council, has been featured in a commemorative book titled '75 Healthcare Change Makers in India since Independence.' The book is a first-of-its-kind compendium being published under the aegis of Heal Health Chronicle. The book records the contribution of Dr Seth and the other change makers in revolutionising the country's healthcare landscape by virtue of their path breaking accomplishments in their respective domains.

Prof (Dr) Ashok Seth features in 100 notable alumni of the Aligarh Muslim University over last 100 years



Prof (Dr) Ashok Seth, Chairman – Fortis Escorts Heart Institute, Chairman – Fortis Healthcare Medical Council featured in 100 Notable Alumni of Aligarh Muslim University sorted by his wiki page popularity. The directory includes famous graduates and former students along with research and academic staff.

Indian Medical Association, Kanpur Branch, honours Dr Sanjeev Gulati of Fortis Vasant Kunj with Dr Girdhari Lal Memorial Oration



The Indian Medical Association, Kanpur Branch, awarded the Dr Girdhari Lal Memorial Oration to Dr Sanjeev Gulati, Principal Director - Nephrology & Kidney Transplantation at Fortis Hospital, Vasant Kunj, New Delhi. Every year, the Dr Girdhari Lal Memorial Physician

Association selects a doctor to receive the award for exemplary work in the field of medicine. Dr Gulati was selected to receive the award for 2022, in recognition of his contribution to the field of Nephrology and Kidney Transplantation.

14 doctors from Fortis Hospitals, Bengaluru, featured in 'India Today Top Doctors - South India 2022'



Dr Niti Raizada - Medical Oncology, Fortis BG Road, Bengaluru



Dr R. Chaitanya Sravanthi - Pulmonary/Chest Medicine, Fortis BG Road, Bengaluru



Dr Karthik Samanna - ENT (Voice), Fortis BG Road, Bengaluru



Dr Athira Ramakrishnan - ENT (General), Fortis BG Road, Bengaluru



Dr Vivek Jawali - Cardiology (General), Fortis BG Road, Bengaluru



Dr Murali Chakravarthi - Anaesthesiology, Fortis BG Road, Bengaluru



Dr Narayan Hulse - Orthopaedics (Joint), Fortis BG Road, Bengaluru



Dr Ashish Parekh - Nephrology, Fortis BG Road, Bengaluru



Dr Chandran Gnanamuthu - Neurology (Stroke), Fortis BG Road, Bengaluru



Dr Rajakumar Deshpande - Neurology (General), Fortis BG Road, Bengaluru



Dr Gurucharan Shetty - Radiology (Interventional), Fortis BG Road, Bengaluru



Dr Manish Joshi - Gastroenterology Surgery, Fortis BG Road, Bengaluru



Dr Rubina Shahnawaz - Robotic Surgery, Fortis BG Road, Bengaluru



Dr Chandrika Anand - Obstetrics and Gynaecology, Fortis Nagarbhavi, Bengaluru



Fourteen Fortis clinicians from Bengaluru have been felicitated in the India Today Top Doctors – South India 2022 list, which was published on the occasion of Doctor's Day.

41 Fortis doctors feature in India Today Health's Top Doctors Mumbai 2022 list



Dr Rajiv Karnik, Cardiology
Fortis Hospital, Mulund



Dr Boman Dhabar, Medical
Oncology, Fortis Hospital, Mulund



Dr Amish Mhatre, Vascular
Surgery, Fortis Hospital, Mulund



Dr Girish Warawadekar
Interventional Radiology
Fortis Hospital, Mulund



Dr Anil Heroor, Surgical
Oncology, Fortis Hospital, Mulund



Dr Pankaj Maheshwari
Urology, Fortis Hospital, Mulund



Dr Subhprakash Sanyal
Hematology,
Fortis Hospital, Mulund



Dr Kirti Sabnis, Infectious
Diseases, Fortis Hospital, Mulund



Dr Gurneet Singh Sawhney
Neurosurgery
Fortis Hospital, Mulund



Dr Jesal Sheth
Pediatrics, Fortis Hospital, Mulund



Dr Dhananjay Malenkar
Ped. Cardiac Surgery
Fortis Hospital, Mulund



Dr Swati Garekar
Ped. Cardiology
Fortis Hospital, Mulund



Dr Anil Venkitachalam
Neurology
Fortis Hospital, Mulund



Dr Suresh Advani
Medical Oncology
S L Raheja Hospital



Dr Anita Borges
Histopathology
S L Raheja Hospital



Dr Vinay Dhir, Gastroenterology
S L Raheja Hospital



Dr Sanjith Saseedharan
Critical Care Medicine
S L Raheja Hospital



Dr B A Krishna, Nuclear Medicine
S L Raheja Hospital



Dr Rajeev Redkar
Pediatric Surgery
S L Raheja Hospital



Dr Vaibhav Kasodekar
Orthopaedics
S L Raheja Hospital



Dr Nilesh Gautam,
Interventional Cardiology
S L Raheja Hospital



Dr Jathin Rai
Interventional Radiology
S L Raheja Hospital



Dr Manoj Chawla
Diabetology, S L Raheja Hospital



Dr Prashant Mullerpatan
Surgical Oncology
S L Raheja Hospital



Dr Siddharth Lakhani
Nephrology, S L Raheja Hospital



Dr Batuk Diyora
Neurosurgery, S L Raheja Hospital



Dr Alpana Sowani
Diabetology, S L Raheja Hospital



Dr Shankar Sawant
Dermatology, S L Raheja Hospital



Dr Divya Prabhat
ENT, S L Raheja Hospital



Dr Juthika Sheode
ENT, S L Raheja Hospital



Dr Neepa Vellimuttam
ENT, S L Raheja Hospital



Dr Neena Singh Chitnis
Rheumatology, S L Raheja Hospital



Dr Rohan Savio Sequeira
Internal Medicine
S L Raheja Hospital



Dr Sunanda Anand
Neurology, S L Raheja Hospital



Dr Chetan Anchan
Onco Orthopaedics
S L Raheja Hospital



Dr Suresh Bhagat, Urology, S L Raheja
Hospital & Fortis Hospital, Mulund



Dr Pranjal Kodkani
Orthopaedics, S L Raheja Hospital



Dr Dwarkadas Baheti
Pain Management, S L Raheja Hospital



Dr Haresh Manglani, Onco Orthopaedics,
S L Raheja Hospital & Fortis Hospital, Mulund

Dr Udgeath Dhir of Fortis Memorial, Gurugram, receives 'da Vinci Technology Training certification' as a Console Surgeon



Dr Udgeath Dhir



Multi Port Technology Training XI Certificate



Dr Udgeath Dhir, Director & Head, Cardiothoracic and Vascular Surgery, Fortis Memorial Research Institute, Gurugram has completed a technology training program covering the components and use of the 'da Vinci' system, instruments and accessories. With this training, Dr Dhir has become one of the first cardiac surgeons in the Fortis network to receive the certified training in robotic cardiac surgery as a Console Surgeon.

Dr Shuvanan Ray of Fortis Anandapur, Kolkata, is a 'Certified Proctor' from the Rotational Atherectomy Centre of Excellence by Boston Scientific



Dr Shuvanan Ray, Director-Cardiology, Fortis Hospital, Anandapur, Kolkata, was honored as a 'Certified Proctor' from the Rotational Atherectomy Centre of Excellence by Boston Scientific. The ROTAPRO™ Rotational Atherectomy System features a trusted front-

cutting concentric mechanism of action on an easy-to-use platform. This provides physicians with confidence to treat all levels of coronary calcification in even the most complex lesion types.

Dr Ravi Gupta of Fortis Mohali chairs high-level meeting on sports medicine at ICMR, New Delhi



Dr Ravi Gupta, Director, Orthopaedics and Sports Medicine, Fortis Hospital Mohali, with sports medicine specialists at ICMR, New Delhi



To discuss risk factors and prevention strategies in the field of Sports Medicine and Traumatology (Hybrid Mode), Dr Ravi Gupta, Director, Orthopaedics and Sports Medicine, Fortis Hospital Mohali, chaired a high-level meeting comprising stalwarts of the medical fraternity at The Indian Council of Medical Research (ICMR), New Delhi, on July 27, 2022.

Medical and sports medicine experts associated with the Sports Authority of India, Ministry of Health and Family Welfare, Directorate General of Health Services, National Centre of Sports Science and Research and ICMR discussed strategies aimed at maximizing the potential of sportspersons. The experts deliberated upon topics such as exercise physiology, sports biochemistry, sports nutrition, sports psychology, specialized rehabilitation, treatment modalities, exploratory research, training simulation, sports among physically and mentally-challenged groups, sports injuries in cricket, tennis, basketball, archery, besides players suffering concussion, fractures, sprains, ligament tears etc.

Dr Sushmita Roychowdhury of Fortis Anandapur, Kolkata, honoured with 'DEVI' Award by The New Indian Express



Dr Sushmita Roychowdhury, Director - Pulmonology, Fortis Hospital, Anandapur, Kolkata, was honoured with the 'DEVI' Award by The New Indian Express for her path-breaking contribution to society in the field of healthcare. She was recognised as one of the most prominent frontline warriors during the COVID-19 pandemic. The award was presented to her on July 29, 2022, at Kolkata.

Dr Santosh Singh Memorial Best Junior Doctor Award ceremony held at Fortis Escorts, Okhla, New Delhi



Glimpses of the event

On the occasion of Doctor's Day 2022, Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, Dr Ashok Seth, Chairman - Fortis Escorts Heart Institute and Chairman - Fortis Healthcare Medical Council, Mr Anil Vinayak, GCOO, Dr Bishnu Panigrahi,

Head - MSOG and Mr Bidesh Chandra Paul, Head - SBU, Fortis Escorts, Okhla presented Dr Swati Mahajan, Associate Consultant - Interventional Cardiology with the prestigious Dr Santosh Singh Memorial Best Junior Doctor Award. Three Junior Doctors were also recognised for their exemplary performance. The Excellence Award was presented to Dr Rohini Annasaheb Pawar, Senior Registrar - Critical Care Medicine, in which she was awarded Institutional sponsorship opportunity to spend two weeks for training at a National Center of Excellence and Appreciation Award "Special Award by Chairman" was presented to Dr Abeer Uddin, Associate Consultant - Non-Invasive Cardiology and Dr Abdul Allam Khan, Resident - Non-Invasive Cardiology. Speaking on the occasion, Prof (Dr) Ashok Seth congratulated the winners and acknowledged the contribution and dedication of the clinicians throughout the year.

Dr Santosh Singh Memorial Best Junior Doctor Award is conferred every year in the memory of ever shining star Dr Santosh Singh, who died of sudden cardiac arrest in 2014 at Fortis Escorts, Okhla. He was extremely devoted, dedicated and committed towards patient care and well known for his friendliness among consultants and peer group. This award is bestowed upon doctors up to Associate Consultant level who have worked for a minimum of one year at Fortis Escorts, Okhla, through a structured nomination and selection process. The winner of Dr S.S. Memorial award gets fully paid Institutional sponsorship opportunity to spend two weeks training at International Center of Excellence to further hone his/her skills in the concerned specialty.

Fortis Hospital, Ludhiana, wins first prize at Nurses Neonatology Quiz

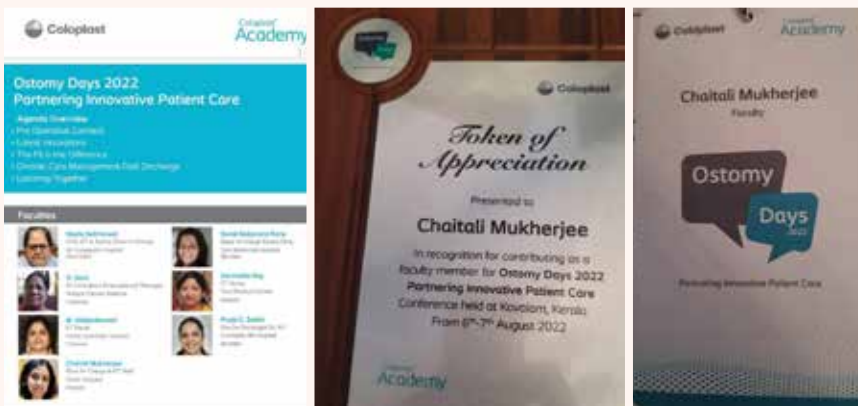


Fortis Hospital, Ludhiana, has won the first prize at the Nurses Neonatology Quiz held as part of the North Zone Neocon Conference, from August 13-14, 2022. Teams from various hospitals in the North region competed in this quiz contest but the team from Fortis Ludhiana outperformed the contestants, winning the first prize. The Neonatal Unit is led by Dr Navjot Kaur Kaler, Consultant - Neonatology and Dr Gaurav Mittal, Consultant - Paediatrics at Fortis, Ludhiana.

Ms Chaitali Mukherjee of Fortis Anandapur, Kolkata, participates as a faculty member at Ostomy Day 2022, Kovalam, Kerala



Ms Chaitali Mukherjee, Nursing Supervisor and Entrostomal Therapist Nurse, Fortis Hospital, Anandapur, Kolkata participated as a faculty member at Ostomy Day 2022, a nursing conference held at Kovalam, Kerala, from August 6-7, 2022.



Entrostomal therapists are specially trained to manage various types of stoma (a surgically created opening in the body) challenges, such as retracted stoma, prolapse stoma, peristomal hernia and ulcerated peristomal skin stoma. Stoma, which is created particularly for colon cancer, bladder cancer, CA rectum, and neurogenic bladder as a lifesaving surgery requires

special attention for its management and care. Ms Chaitali demonstrated pre-operative and post-operative care of patients with various types of stoma. She explained details of stoma marking and spoke about how to manage colostomy and urostomy pouch or bag. She also shared baseplate changing techniques and spoke about how to manage psychosocial trauma of patients and social taboo, among other things.

Ms Anindita Kundu of Fortis Anandapur wins 'Young Leader of the Year 2022'

Ms Anindita Kundu, Nursing Supervisor - Medical Intensive Care Unit, Fortis Hospital, Anandapur, Kolkata, has been awarded 'Young Leader of the Year 2022' by the Association of Nurse Executives - India (ANEI) in recognition of her exception focus on providing safe patient care. The award was announced on May 27, 2022.

Anindita won the award by demonstrating her ability to lead and motivate her team, plan and execute activities meticulously and coordinate seamlessly with clinicians. She is a very active and energetic nurse leader and is always ready to respond to calls beyond her duty hours. She has a high level of clinical judgement and her communication with multidisciplinary teams is appreciable. Besides her routine work, she contributes to clinical audits and root cause analysis of incidents. The consultants are confident to keep patients under her care and she has been recently promoted as a Nursing Supervisor.



Fortis Escorts Hospital, Faridabad gets NABH-Nursing Excellence Certification for the third time in a row



Fortis Escorts Hospital, Faridabad, has received the renewal certification from NABH for Nursing Excellence. The certificate is valid for a period of two years and has been earned for the third time in a row. The re-accreditation survey was conducted on November 26, 2021, and the certificate was received on August 1, 2022. The hospital has been evaluated on 48 standards and compliance with 216 objective elements prior to the re-certification.

The successful implementation of nursing excellence standards, which focuses on various professionals, administrative and government aspects of nursing, was led by Ms Ratna Rana, Chief Nursing Officer, along with the nursing admin team, department of quality and patient safety, infection control team, nursing education team, nursing supervisors and unit in charges, who were supported by the senior leadership at Fortis Escorts Hospital, Faridabad. The successful re-certification is a mark of continuous quality improvement and safe, competent and ethical nursing practices within the unit.

Hiranandani Hospital, Vashi - A Fortis Network Hospital receives NABH Nursing Excellence Certification



Hiranandani Hospital, Vashi - A Fortis Network Hospital, has successfully achieved the NABH Nursing Excellence Certification. The virtual assessment process, held in March 2022, included a detailed document review, online interviews of nurses and online tour of the hospital.

The NABH Nursing Excellence Certification was initiated in 2016. The certification comprises seven chapters, 48 standards and 216 objective elements. Manpower management, comprehensive nursing care, nursing sensitive quality indicators and nursing education are the key areas of evaluation. The Nursing Team at Vashi achieved the certification with minimal observations and was appreciated by the Principal Assessor of NABH.

Fortis Nagarbhavi recognises ICU staffers as 'Fortis Influencers' for exceptional patient service



Fortis Hospital, Nagarbhavi, felicitated ICU staffers for their exceptional service, on August 22, 2022. Ms Vinutha C. and Mr Dhruva Chandan, ICU staffers, were recognised as 'Fortis Influencers' and were presented with mementoes by Dr Thejaswini Parthasarathy, Facility Director. Both, Ms Vinutha and Mr Dhruva were appreciated for their consistent track-record of delivering excellent care and for ensuring the safety and well-being of patients.

Fortis Hospital, Mulund, is the first in Mumbai to receive INFUZE Certification



(L-R): Dr Sheetal Sawant, Consultant Microbiologist, Mr Satish Patil, Zonal Head - HR, Ms Suchitra Sureshkumar, Nurse Educator, Ms Michelle Pilli, Infuze Coordinator, Dr S Narayani, Business Head - Mumbai, Ms Minimole Varghese, Chief Nursing Officer, Dr Manisha Pathak, Head - Medical Services, Mr Mohit Wankhede, Head - Administration, Ms Merina Alex, Deputy Chief Nursing Officer, Ms Bincy Thomas, Nurse Educator and Ms Berin Dsa, Senior Quality Officer



Certificate

Fortis Hospital, Mulund, has become the first in Mumbai to receive the prestigious INFUZE certification from Infusion Nurses Society (INS) – India, on the successful implementation of 'Safe Infusion Practices.' The certificate was received on July 14, 2022.

Infusion therapy is an integral part of any treatment protocol in a hospital and INS aims to educate and equip healthcare workers with safe infusion skills whilst focusing on patient safety through continuous training and implementation of infusion standards. The prestigious INFUZE certification is a testimony to the best practices and compliance with infusion therapy guidelines. This helped the hospital in improving reporting of early signs of phlebitis, which reduced the incidences of IV complications and catheter related blood stream infection while ensuring compliance with flushing protocols, IV cannulation and improving phlebotomy skills.

COVID newsletter 'Fortis Healing Touch' adjudged 'Best Internal Communications Campaign - Healthcare' at the PRmoment India Health Comms Awards 2022



The 'Fortis Healing Touch' initiative has been adjudged as the 'Best Internal Communications Campaign - Healthcare' at the PRmoment India Health Comms Awards 2022. The 'Gold' award was announced at an online event on July 30, 2022. The newsletter was produced by the Corporate Communications Team.

The 'Fortis Healing Touch' e-newsletter was launched in April 2020, to disseminate information about COVID-19 related effort across Fortis. As our doctors, nurses and frontline staff waged a battle against an unknown enemy, the e-newsletter aimed to quickly share innovative ideas across the organisation, alert clinical staff about new developments and the evolving protocols whilst keeping the spirits high by recognising the good work and sharing the success stories. The e-newsletter was shared with all Fortisians through multiple digital mediums, such as e-mails, social media and Whatsapp groups.

Meet Our Clinician



Dr Gurinder Bedi
 Director- Orthopedics & Joint Replacement

Dr Bedi, tell us a bit about yourself.

I've always felt that I was much more a people kind of a person and want to do things that involve interacting with people, empathising with them and seeing how I can positively influence their lives. I like the idea of being innovative, playing with machines and technology. I like variations in life and I am a very 'hands on' kind of person.

Tell us about your initial years spent in training and how you look back to those years?

I got admitted to the University College of Medical Sciences, New Delhi, in 1984. There, I was running the Students Union, running the Dramatics society, doing college festivals and essentially lived a very eventful life in college. I did my specialisation in Orthopaedics from Maulana Azad Medical College, New Delhi.

Tell us a bit about your career journey?

Post Senior Residency, I got sponsored to go to UK and the "short stint" lasted over 12 years! I also did a fellowship of the Royal College which was interesting because I made forays into actual patient care knowing ECG, medically analysing every medical complication. Then started my Registrar job which was amazing because the consultants were actually standing on your head trying to cut your sutures, holding your hand. Truly not something I had been exposed to before, I grew rapidly through the system to eventually do three fellowships in hip reconstruction knee reconstruction and then Deformity/Foot and ankle fellowship. Eventually, I moved to India.

Why did you choose Orthopaedics?

It really allows one to be innovative and have a very open thinking without too many protocols, because of the

variety of options and variations in ailments. The surgical field from base of skull to the toes makes it a huge area for innovation and brings a wide variety to the surgical field.

Tell us about your weekend breaks, and how you chill out at the end of the week

I lecture extensively, doing close to 35 workshops/lectures, which unfortunately means most weekends go in academic activities, preparing for these talks or travelling which is definitely educationally good but also fairly time consuming. I do however like to travel for leisure, enjoy reading fictions, minor movie buff and do Quizzing when I get an opportunity.

What are some of the path breaking work your team has done?

Our team is fairly innovative and our department stands out for its novel ideas. We are pioneers for Pain free knee replacements, Short stay knee replacements, Same day mobilization after joint replacements, No blood transfusion knee replacements. We have been doing Navigation assisted knee replacements for a while. We have our own Bone banking program.

We have developed our own methodology of limb lengthening over nails and are a referral unit for prosthetic joint infection.

What do you think of the future of Medicine and Orthopaedics in our country?

The complete care of Orthopaedics does involve a team getting together and surgeons working as a unit. Continuously evolving techniques and updating your skills with an environment which fosters excellence is the way forward. An open attitude to criticism, learning from mistakes and seeking help when required.

Meet Our Nurse

Banrishisha Basaiawmoit Quality Head, Nursing, Fortis Hospitals, Anandapur



Since when you have been associated with Fortis?

After I completed my BSc in Nursing, I was keen on learning about critical care nursing. So, I joined Fortis as a Critical care staff nurse in 2013.

What do you like most about your work?

I like learning new things, interacting with patients, and working as a team to help the Clinicians in patient care. What I love the most is interacting with the family members of patients and feeling what they are going through this period and comforting them.

How has your experience in Fortis been?

I have had a wonderful experience working in Fortis. My role from year to year has changed. Getting to handhold new staffs as a clinical instructor, working to bring improvements in patient care as a Quality Nurse, and now that I have taken the responsibility as a Quality Head since 2021 my journey has been exciting with lots of challenges but with all the support from

everyone, my journey is made much easier.

Tell us about your Awards and achievements

I have participated in Regional, National, and the international competitions. We won Quality Circle Awards on the CII regional competition, won National Award at the INS infusion safety competition, won International Award at the Patient Safety Project arranged by Apollo Hospital and National Award as a Young Leader of the Year in 2021 from ANEI.

What are your hobbies?

I love cooking and listening to music.

Wall of Fame

Fortis Escorts Heart Institute, New Delhi



Name of the Fortisans:
Dr K.S. Iyer
 Executive Director &
 Head of Pediatric CTVS



Name of the Fortisans:
Dr Parvathi Iyer
 Director of Pediatric
 CTVS

Fortis Memorial Research Institute, Gurugram

Dear Fortis Team,

My 17-year-old daughter, Rianna George, was recently operated upon at Fortis Gurgaon for fibroadenomas in her chest area.

Dr Niranjan Naik (Surgeon Oncology) performed the surgery and this note is to appreciate and applaud Dr Naik's amazing bed-side manners and his gentle considerate demeanor towards a teenager who was extremely anxious about the experience she was expected to go through.

My family and I would also like to thank Dr Naik for his patience to our innumerable questions and for his dedication for being extremely responsive even at odd hours of the day. He explained the procedure and was extremely reassuring. I, as a mother, was totally confident that my daughter was in very capable hands. Her recovery has been exceptional and I am glad I took the decision to do this procedure in Fortis Gurgaon instead of Dubai or Kuwait, where my parents reside.

Hats off also to Mr. Nitish Yadav, Surgical Oncology Assistant, for handling patiently and promptly calls and texts from my entire family. And last but not the least, I would like to appreciate the nurse on the 1st floor, Ms Neha, who was ever-smiling and pleasant.

My family would like to collectively thank the surgeon and his support staff for their dedication, thoughtfulness and compassion to Rianna and for making all of us feel that we were among caring friends.

With best wishes

Lata George

Resident of Dubai

Name of the Patient: Lata George

Name & Department of the Fortisian:

(Medical Team): Dr Niranjan Naik, (coordinator): Mr nitesh yadav

(Nursing): Miss Neha, 1st floor nursing

Fortis Hospital, Noida

It gives me immense pleasure to acknowledge the efforts of your colleague, Ms Tabassum Khan who is part of your Executive Health Check up team at your Noida Campus. Kindly pass our best wishes and sincere thanks to her. I communicate to her for such purposes.

Please allow me to share that all the times, she is very supportive not only to me but to my colleagues who are visiting your hospital for routine health check ups. I do not remember when we did not get a prompt response from her. She is highly competent in Communication, Conflict Management, Planning and Organizing Skills.

I understand that she has been an asset for your organization.

I look forward to have similar experience from your team in future.

With best regards,
Vivek Shakya



Name & Department of the Fortisian: Tabassum Khan (PCS-PHC)

Name of the Patient: Mr Vivek Shakya

Fortis La Femme, Greater Kailash II, New Delhi

 **Surinder Kaur**
2 reviews

★★★★★ 3 weeks ago **NEW**

Amazing hospital and service. Dr. Neena Singh was there with throughout my surgery. She guided my family in every possible way. I'm so glad that everything went well.

Name of the Patient: Surinder Kaur



Name & Department of the Fortisian: Dr Neena Singh

Fortis Hospital, Faridabad

- Thanks Fortis to make my pregnancy success. Special thanks for your kind consultation.
- It was a pleasant and comfortable stay along with the treatment done by the doctor and team.
- Good job by Fortis staff. special mention to Dr Niti Kautish and her team comprising Dr Richa aggarwal. Moreover Excellent service
- Doctors response very well We satisfied with your service

Name of the Patient: Renu, Anita, Indu



Name & Department of the Fortisian: Dr Niti Kautish

Fortis Hospital, Vashi

During the period of treatment and our stay in FORTIS we observed that these eminent doctors, Dr Farah Ingale, Dr Atul Ingale and Dr Jitendra Chaudhary have achieved excellence in their respective streams and bear effective communication skill so far as patient's relatives are concerned. We are fortunate enough to have association with them on this pretext. Indeed, WE ARE GRATEFUL to them. We will be also happy to address Dr Jyoti in MICU who was very attentive and kind to us. We take liberty to wish her a successful career ahead. Other Jr/Sr. doctors , nursing and para- medical staff are also good enough and working hard for result orientation.

Also necessary to mention that Security System administered by polite and well mannered Security Personnel is very effective. We found them well trained while handling difficult situations.

To be more precise -

We would like to term FORTIS Health Care , Vashi as one of the best institutions in the field of health care and overall management.

Regards,

Smt. Utkarsha K. Bavdekar

Shri . Kamlesh B. Bavdekar

Fortis Escorts Hospital, Amritsar

Had a good experience and was taken care by all the hardworking staff namely Ms Sukhjeet, Ms Neha, Ms Jaswinder, Ms Priya, Ms Raman, Ms Harpreet, Ms Baljit, Ms Ranjit and boys Sarabjeet & Mandeep. All staff are courteous & helpful. Special Thanks to Dr Deepak Kapila, Dr Arjun.

Best Wishes from my family to Fortis Team. Thank you for your services.

Name of the Patient: Devenderjit Singh

Name & Department of the Fortisian: Entire team of Fortis

Fortis Hospital, Ludhiana

I humbly submit my sincere gratitude to the management and staff of Fortis Ludhiana, especially Dr. Shivani Garg and her team who were outstanding helpful and provided a proper diagnosis to my problem. your nurses and personal care assistants are outstanding too. They have provided a high quality service, care and comfort to me.
 Thank you
 Sandhya Pathania

Name of the Patient:
Mrs Sandhya Pathania



Name of the Fortisians:
Dr Shivani Garg(OBS)

Photo Feature



Fortis Hospital, Vadapalani, Chennai



Fortis Hospital, Vasant Kunj



Fortis Hospital, Vashi



Fortis Hospital, Kalyan



Fortis Escorts Hospital, Faridabad



Fortis Escorts Heart Institute, Okhla, New Delhi



Fortis Escorts Hospital, Jaipur



Fortis Hospital & Kidney Institute, Kolkata



Fortis CDOC, New Delhi



Fortis Hospital, Mulund



Fortis Hospital, Noida

Congratulations

New Additions to the Family



Baby of Ajeet Kumar - Fortis C-DOC



Baby of Rohit Kumar - Faridabad Unit



Baby of Rajdeep Negi - Fortis C-DOC

Happy Wedding



Ms Gowramma N G, Nagarbhavi Unit